

Pre-Operative Surgery Instructions

Your surgery has been scheduled on _____, _____.

1. Do not eat or drink anything after midnight the night before your surgery, including gum and breath mints. Please brush your teeth and rinse your mouth but do not swallow.
2. Please continue your regular medication taken with a small amount of water, unless instructed otherwise (please prepare a list of the medications you are currently taking). Use your current eye medications, unless instructed otherwise. ****Use the Vigamox/Ofloxacin drops four times a day in the right / left eye for three days prior to surgery. (i.e. begin using the drops on Friday morning if you are having surgery the next Monday)** If you are diabetic, please bring your oral medication or insulin with you to be administered after surgery. Do not take your morning dose.
3. Transportation: Please have someone accompany you to and from the surgery center the day of surgery. You will also need transportation to your post-operative appointment. ****If you are being picked up by our van driver, we will call you a day or two before surgery to confirm arrangements and pick-up time.**
4. Bathing: Please bathe or shower before surgery. You should wash your hair. No facial make-up or eye make-up should be worn the day of surgery.
5. Clothing: Avoid restrictive clothing. Wear a comfortable pair of pants and a short sleeve shirt or blouse. Please do not wear pullovers (like sweatshirts). After checking in with the receptionist you will be taken to the pre-op area.
*****Please do not wear any jewelry. Leave all valuables at home.**
6. Appliances: On the day of surgery, you may wear your dentures and hearing aids.
7. A nurse from the surgery center will call you 1-2 days prior to your surgery date to review these items. We will let you know your arrival time at the surgery center during this phone call.

Do not become concerned if we have to make changes in the time you are to arrive. Patients sometimes have to cancel surgery due to illness, etc. which may necessitate a time change for your surgery.
8. You will receive detailed post-operative instructions after your surgery.
9. **If you have any questions, please call our office at 801-568-0200 between 8AM – 5PM.**