

Cataract Surgery Postoperative Instructions



Day of Surgery:

If your eye is patched, do not remove the patch. If there is no eye patch, you should begin the medicines listed below today. It is normal to have mild ache, scratchiness, or itchiness. If necessary take Tylenol, but avoid Aspirin or Ibuprofen.

Medications:

Remember to wait at least five minutes between each different eye drop. This is necessary to allow each drop to be absorbed before the next drop is used. Be sure to continue your other regular medications as prescribed by your doctor.

		
<u>VIGAMOX</u>	<u>BROMDAY</u>	<u>PRED FORTE</u>
4 times a day until gone	Once a day until gone	4 times a day for 1 week 3 times a day for 1 week 2 times a day for 1 week 1 time a day for 1 week
Generic Substitute: <u>OFLOXACIN</u>	Generic Substitute: <u>KETOROLAC</u>	Generic Substitute: <u>PREDNISOLONE ACETATE</u>
4 times a day until gone	4 times a day until gone	Use: Same as Pred Forte

Restrictions:

1. Protect the eye during the first week with glasses, sunglasses, and the shield over your operated eye at night.
2. Avoid lifting anything over 25 pounds during the first week.
3. Avoid strenuous activity during the first week.
4. Avoid water in the eye including: tap water, shower water, hot tub or swimming pools.

When to Call:

1. It is unusual to have pain following cataract surgery. Pain that is not relieved with Tylenol is a reason to call us immediately.
2. Vision gradually clears during the first days after surgery; however, vision should not get worse or darken. Please call us immediately with any unusual symptoms.
3. Flashing lights, **new** floaters, or a "curtain" over the vision should prompt you to call us even if it is years after your surgery.

Our Phone Number: 801-568-0200

**Phillip C. Hoopes, Jr., M.D.
Michael J. Bradley, M.D.**

Patient Signature: _____

EyeSurg of Utah Staff Signature _____

Tomorrow's Appointment Time: