



# LASIK PRE-OP INSTRUCTIONS

**Day / Date of Treatment:** Mon / Tues / Wed / Thurs / Fri \_\_\_\_\_

1. Gas permeable and hard contact lenses must be out at least three weeks to a month for every decade of wear prior to treatment. Extended wear and toric contact lenses must be out at least seven days prior to treatment. Soft contact lenses must be out at least five days prior to treatment. **\*\*Do not put your contact lenses back in for any reason – your treatment date could be delayed\*\***
2. Arrange for someone to accompany you and drive you home on the day of treatment as well as on your one day post-operative visit. After your one day post-operative visit you may drive if you feel confident with your current level of vision.
3. **Make arrangements to leave small children at home during your treatment.**
4. Continue with any medications you take on a daily basis.
5. On the day of your treatment eat a normal meal, but please do not have any alcohol or caffeinated drinks 4 hours prior to your treatment.
6. Bring something warm to put on as you go into the laser room. The laser area is kept cool.
7. Do not wear any eye makeup, perfume/cologne, hairspray or scented body lotions the day of treatment. If you wear mascara, soak your eyelashes the night before treatment to remove ALL mascara residue.
8. Required post-operative visits: 1 day, 1 month, 3 month, and 12 month.
9. Check in for treatment on the first floor at Hoopes Vision.

Bring the following items with you:

- ✓ Surgery packet with your consent form
- ✓ Payment: Cash, Cashier's Check, Visa, MasterCard, Discover, American Express, or finance approved through Care Credit
- ✓ Prescription eye drops
- ✓ Preservative-free artificial tears (individual vials) –examples: Refresh Plus®, Systane®, Optive®, etc.
- ✓ Light jacket to wear into the cool laser room (optional) \*No pullover type

We will call you a day or two prior to treatment to give you final instructions and the time you are assigned to arrive.

If you have any questions or concerns please call us @ 801-568-0200 or 1-877-30-LASIK