



# LASIK POSTOP

Hoopes Vision  
11820 S. State Street  
Draper, UT 84020  
801.568.0200



**ANTIBIOTIC:**  
Vigamox/Moxifloxacin/Ofloxacin  
**EVERY 4 HOURS  
FOR 1 WEEK**



**STEROID:**  
Prednisolone Acetate  
**EVERY 2 HOURS  
THE FIRST 24 HOURS  
THEN  
EVERY 4 HOURS  
FOR 1 WEEK**

\* SHAKE BEFORE  
EACH USE

Wait at least  
**5 minutes**  
between drops.  
Only necessary  
during waking  
hours.

**ARTIFICIAL TEARS  
(PRESERVATIVE FREE)**



**EVERY 15 -30 MINUTES  
THE DAY OF SURGERY  
THEN  
AT LEAST EVERY HOUR  
FOR 1 MONTH**

## AFTER YOUR SURGERY:

- A short nap is advised. Remain quiet the evening of surgery. Limit watching TV. Increase activity as your comfort and vision allows. Take your normal over-the-counter pain medication if needed.
- Your vision will be foggy for the first day.
- You may experience some tearing, burning, stinging, light sensitivity, redness, and foreign body sensation.
- Do not drive until after your 1-day post-op appointment. You may return to work and/or drive when you are confident with your vision and your comfort allows.
- If you notice increasing pain or a sudden decrease in vision – call us immediately.
- ARTIFICIAL TEARS:
  - FIRST MONTH – Use preservative free artificial tears in vials **every hour**
  - MONTH 2 & 3 - OK to switch to a bottled artificial tear and use every 2 to 3 hours.

## OTHER IMPORTANT PRECAUTIONS:

- Your vision may fluctuate for the first several weeks.
- You may experience halos and glare around lights at night for the first couple weeks.
- No eye makeup for 3 - 5 days. New mascara is recommended after the procedure.
- Avoid getting soap or water in your eyes while showering for the first week.
- Wear your shields while sleeping or napping for the first week.
- You should protect your eyes from bright sun and wind for 1 month.
- No swimming or hot tubs for 2 weeks. No high-impact water sports for 3 months.
- Do not rub or bump your eyes for at least 2 months after surgery. It is a bad habit to rub your eyes. We suggest you avoid this.

Preservative Free  
Artificial Tears  
(vials)  
Month 1



OK to use Bottle  
Artificial Tears  
When used less  
frequently



**Hoopes Vision Phone Number: 801-568-0200**

**Phillip C. Hoopes, Jr., M.D.**

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Staff Signature: \_\_\_\_\_

Tomorrow's Appointment Time: \_\_\_\_\_