



# LASIK POSTOP

Hoopes Vision  
11820 S. State Street  
Draper, UT 84020  
801.568.0200



**ANTIBIOTIC:**  
Vigamox/Moxifloxacin/Ofloxacin  
**4 TIMES A DAY**  
**(8 am, 12 pm, 4 pm, 8 pm)**  
**FOR 1 WEEK**



**STEROID:**  
Prednisolone Acetate  
**EVERY HOUR**  
**THE DAY OF SURGERY**  
**THEN**  
**4 TIMES A DAY**  
**(8 am, 12 pm, 4 pm, 8 pm)**  
**FOR 1 WEEK**

\* SHAKE BEFORE EACH USE

Wait at least 5 minutes between drops. Only necessary during waking hours.

## ARTIFICIAL TEARS (PRESERVATIVE FREE)



**EVERY 15 -30 MINUTES**  
**THE DAY OF SURGERY**  
**THEN**  
**AT LEAST EVERY HOUR**  
**FOR 1 MONTH**

### AFTER YOUR SURGERY:

- Rest with your eyes closed after surgery for the first 4 hours in a calm environment, not sleeping, but talking, listening to TV, etc. Continue to use your medications and drops frequently, as prescribed by your doctor. Limit watching TV and increase activity as your comfort and vision allows.
- Your vision will be foggy for the first day.
- You may experience some tearing, burning, stinging, light sensitivity, redness, and foreign body sensation.
- Do not drive until after your 1-day post-op appointment. You may return to work and/or drive when you are confident with your vision and your comfort allows.
- If you notice increasing pain or a sudden decrease in vision – call us immediately.

### OTHER IMPORTANT PRECAUTIONS:

- Your vision may fluctuate for the first several weeks.
- You may experience halos and glare around lights at night for the first 12 weeks.
- No eye makeup for 5 days. New mascara is recommended after the procedure.
- Avoid getting soap or water in your eyes while showering for the first week.
- Wear your shields while sleeping or napping for the first 5 days.
- You should protect your eyes from bright sun and wind for 3 months.
- No swimming or hot tubs for 4 weeks. No high-impact water sports for 3 months.
- It is generally not a good habit to rub your eyes, as it may weaken the cornea and exacerbate astigmatism. Do not rub or bump your eyes, especially in the first 2 months following surgery.

### ARTIFICIAL TEARS

- MONTH 1 – Preservative Free Artificial Tears in vials **EVERY HOUR**
- MONTH 2 - 3 – Preservative Free Artificial Tears at least every 2 to 3 hours
- MONTH 4 - 6 – Preservative Free Artificial Tears at least 4 times a day
- MONTH 7 -12 – OK to use bottle Artificial Tears at least 3 times a day - upon awakening, mid-day, night

Preservative Free Artificial Tears (in vials) Months 1 - 6



OK to use Bottle Artificial Tears Months 7 - 12



**Hoopes Vision Phone Number: 801-568-0200**

**Majid Moshirfar, M.D.**

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Staff Signature: \_\_\_\_\_

Tomorrow's Appointment Time: