



Cataract Surgery Postoperative Instructions

Day of Surgery:

If eye is patched, do not remove patch. If there is no eye patch you may begin the medicines listed below. It is normal to have mild ache, scratchiness, or itchiness. If necessary take Tylenol, but avoid Aspirin or Ibuprofen.

Medications:

1. **Zymar/Vigamox:** 1 drop 4 times daily for 1 week.
Stop this drop 1 week after surgery.

2. **Pred Forte/Omnipred:** 1 drop 4 times daily.
Do not stop this drop until instructed otherwise.
After the first visit;

- a. Use one less drop per eye per week.
Example; 4x/day the 1st week,
3x/day the 2nd week,
2x/day the 3rd week, then
1x daily the final week.

3. **Acular LS:** 1 drop 4 times daily.

Follow same instructions as Pred Forte above over the first 4 weeks.



Restrictions:

1. Protect the eye during the first week with glasses, sunglasses, and the shield over the eye at night.
2. Avoid heavy lifting during the first week.
3. No strenuous activity during the first week.
4. Avoid water in the eye including; tap water, shower water, hot tub, or swimming pools.

When to Call:

1. It is unusual to have pain following cataract surgery. Pain that is not relieved with Tylenol is a reason to call immediately.
2. Vision gradually clears during the first days after surgery; however vision should not get worse or darken. Please call with any unusual symptoms.
3. Flashing lights, **new** floaters, or a curtain over the vision should prompt a phone call even years after surgery.

Phillip C. Hoopes, Jr., M.D.
801-568-0200

Tomorrow's Exam _____